

# Your Health and USANA: *A Perfect Match*

Many of the top-rated athletes in the world trust their health to the highest-rated nutritional supplements in the world—the USANA® Essentials. Discover the difference of superior nutrition for your own health!

“As an athlete, I’m careful about what I put in my body. USANA is known for maintaining a high level of quality. I make sure to only use products I can trust, and I’ve been trusting USANA for years.”

—Aleksandra Wozniak,  
WTA Tour



Rated as 5-Star Gold Medal products in the *NutriSearch Comparative Guide to Nutritional Supplements*, **Mega Antioxidant** and **MultiMineral Plus**—USANA’s Essentials for adults—work together to provide precise amounts of all the vitamins, minerals, antioxidants, and phytonutrients you need to keep you at the top of your game every day.

- Defends against cell-damaging oxidative stress with powerful antioxidants, including patented Olivol™ and exclusive Poly C®
- Helps maintain excellent function of virtually every body system at the cellular level, including heart, immune, and bone health
- Delivers real results from exceptionally pure, highly bioavailable ingredients of unparalleled quality

Trust your health to the best. Ask your USANA Independent Associate for more information about our top-rated supplements and how you can save time and money with Autoship. [www.USANA.com](http://www.USANA.com)

The Essentials are the  
Official Multivitamin of the



**USANA**  
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