

保列健

優化劑/內分泌

- 先進配方幫助促進男仕前列腺健康
- 蘊含高效能標準鋸枳精華，蕃茄紅素和大豆黃酮組合
- 全天然草本植物成份，經化驗室測試保證安全和效能



前列腺增生和男性荷爾蒙的關係

前列腺增生與荷爾蒙分泌有關。睪酮及其轉化物二氫睪酮（DHT）會隨年齡而增加。而二氫睪酮則被証實與前列腺增生有關。由於二氫睪酮數量增加，導致前列腺細胞不正常地快速增生。其他導致前列腺增生的因素包括：高脂肪飲食，飲酒，壓力，農藥及化學污染物等。

前列腺的增生會影響排尿功能及令尿道閉塞，初期病徵通常是排尿乏力，以至後期膀胱肌肉纖維脹大，引致膀胱肌肉無法收縮而影響排尿功能。尿液排放不暢和尿道閉塞，這些問題必需要醫藥治理，不然會影響腎臟健康。

鋸枳已被證明的效用

臨床實驗証明男仕服用鋸枳，有助改善前列腺健康。USANA研制的保列健營養補充品，特別採用鋸枳，蕃茄紅素（前列腺所含的胡蘿蔔素類）及大豆黃酮（預防慢性退化疾病），全面促進男仕前列腺健康。全天然草本植物配方保列健，經化驗室測試保證安全和效能。

服用方法

成年男仕每天服用一片，建議餐後服用。



PALMETTO PLUS™

OPTIMIZERS/ENDOCRINE

- Provides an advanced supplement providing immediate and long-term prostate support for men
- Furnishes a comprehensive formulation of clinically proven saw palmetto, plus lycopene, and soy isoflavones
- Contains all-natural botanical components, which are standardized extracts, guaranteed for potency



Benign Prostatic Hypertrophy (BPH), or prostate enlargement, can interfere with the passage of urine or can even block it completely. The first symptom of BPH is usually reduced urinary-flow strength. Over the years, the bladder muscle fibers may expand until they are no longer capable of contracting effectively. Urinary retention results and eventually full blockage can occur, requiring medical intervention.

Saw palmetto's proven benefits

Clinical research has shown that saw palmetto to be a powerful aid for promoting and maintaining prostate health. Saw palmetto has a gentle, strengthening effect on the male reproductive and urinary system, as well as the prostate.

USANA scientists have developed Palmetto Plus™, a highly effective combination of saw palmetto and two other powerful prostate aids, lycopene and soy isoflavones. Lycopene is the most abundant carotenoid (vitamin-like compound) found in the prostate.

Soy isoflavones, a group of phytochemicals found in soybeans, have been shown to have an important role in the prevention and treatment of a number of chronic diseases. Together, lycopene and soy isoflavones have been shown to maintain prostate health.

Palmetto Plus™ provides a comprehensive formulation for prostate health.

Direction for use

Adult men take one (1) capsule daily, preferably with a meal.

Supplement Facts

營養補充資料

NUTRITION INFORMATION 營養成份	AMOUNT PER TABLET 每粒含量
SAW PALMETTO FRUIT EXTRACT (STANDARDIZED TO CONTAIN A MINIMUM OF 85% PATTY ACIDS) 美洲棕果 (標準化至少含 85% 脂肪酸)	320mg
LYCOPENE 番茄紅素	5mg
SOY ISOFLAVONES 大豆異黃酮	25mg
mg = 毫克	

References 參考資料

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4. Strauch G, et al. Comparison of finasteride (Proscar) and Serenoa repens (Permixon) in the inhibition of 5-alpha reductase in healthy male volunteers. *Eur Urol* 1994; 26(3): 247-52.
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6. Goepel M, Hecker U, Krieger S, Rubben H, Michel MC. Saw Palmetto extracts potently and noncompetitively inhibit human alpha 1-adrenoceptors in Vitro. *Prostate* 1999 Feb 15; 38 (3).