視力寶

優化劑/腦部/神經系統

- **獨特和全面配方幫助維持眼睛健康**
- **保証蘊含足量保護眼睛內黃斑組織的重要抗氧化劑：葉黃素及玉米黃素**
- **而且包括維生素C，越橘精華及鋅，提供額外的保護，全面促進維持眼睛健康**

我們的看法

一般來說，當我們年齡增長時，我們視力的敏銳度會續漸下降。但這個並不是年齡增長時不可避免的問題。USANA 視力寶的全面配方蘊含兩種對抗游離基的強效抗氧化劑：葉黃素、玉米黃素，是特別設定幫助維持長久眼睛健康。由於我們的眼睛經常暴露於空氣中，時刻面對苛刻的環境因素，例如：污染的空氣、乾燥及陽光的氧化破壞等，USANA視力寶能提供額外眼睛保護，維持長久眼睛視力健康。

USANA視力寶全面配方蘊含重要營養素促進眼睛健康，其中包括：葉黃素、玉米黃素、越橘精華、維生素C和鋅。

葉黃素

葉黃素對眼睛有兩種保護作用。首先，葉黃素在眼睛能過濾高能量的藍光；然後葉黃素作為抗氧化劑，抵禦由光線形成的游離基及反應的氧活躍份子。

玉米黃素

玉米黃素是一種由葉黃素轉化而成的物質。在眼睛內，葉黃素是黃斑組織周邊的主要物質，而黃斑組織中央的主要物質則是玉米黃素。眼睛內黃斑組織中央是最容易形成游離基及被氧化破壞的部位，玉米黃素被認為較葉黃素有更強的抗氧化的效能，保護眼睛健康。

越橘精華

越橘果子含豐富的花色素、維生素A及維生素C抗氧化劑。研究發現越橘果子有助維持微細血管健康、包括眼睛內的微細血管健康。

維生素C

維生素C能提供額外的抗氧化保護，對眼睛晶體的保護特別有幫助，因為眼睛晶體內的維生素含量，大大較體內血液中維生素C含量高出二十倍之多。

鋅

鋅能增強抗氧化保護作用，促進視力敏銳。

服用方法

每天服用兩片，建議早晚餐後服用。

VISIONEX™

OPTIMIZERS/BRAIN/NERVOUS

- A unique and comprehensive formulation of ingredients to maintain good eye health
- Guaranteed levels of lutein and zeaxanthin, important antioxidant components of the macula of the eye
- Includes vitamin C, bilberry extract, and zinc for additional support in the maintenance of healthy eyes

As we see it

As we age, there is a general decline in our acuity of vision, but this doesn't have to be an inevitable part of growing older. Maintain healthy vision with USANA's new Visionex™. This comprehensive formula is designed to maintain long-term eye health with two of the most powerful free-radical fighting antioxidants; lutein and zeaxanthin. Because our eyes are constantly exposed to harsh environmental factors such as air pollution, dryness, and oxidative damage from sunlight, the extra health maintenance you'll get from Visionex will go a long away toward maintaining your healthy vision.

USANA's new Visionex™. comprehensive formula contains important nutritional aids to eye health : lutein , zeaxanthin, bilberry extract, vitamin C and Zinc.

Lutein

Lutein is believed to function in two ways: first as a filter of high-energy blue light, and second as an antioxidant that quenches light-induced free radicals and reactive oxygen species.

Zeaxanthin

Zeaxanthin is a modified form of lutein. In the eye, lutein is predominant in the periphery of the macula while the concentration of zeaxanthin is greatest in the very center. This is where conditions most favor the formation of free radicals and zeaxanthin is thought to be an even more powerful antioxidant than lutein.

Bilberry Extract

The bilberry fruit is rich in antioxidant anthocyanosides and vitamin A and C. Bilberry has also been shown to help maintain healthy capillaries, including those in the eye.

Vitamin C

Vitamin C provides additional antioxidant protection, especially to the lens of the eye, where the concentration of vitamin C in the lens is 20 times that found in the blood.

Zinc

Zinc appears to provide an additive effect to antioxidants in promoting good visual acuity.

Using Visionex

For the support of eye health, take two (2) tablets daily, preferably with meals.

Supplement Facts
營養補充資料

NUTRITION INFORMATION 營養成份	AMOUNT PER TABLET 每粒含量
Vitamin C 維生素C (As Calcium, Potassium, Magnesium, and Zinc Ascorbate)	250mg
Zinc 鋅 (As Zinc Citrate and Zinc Ascorbate)	7.25mg
Lutein 葉黃素 (as Marigold Extract)	5 mg
Zeaxanthin 玉米黃素 (As Marigold Extract and Zeaxanthin)	1 mg

1mg = 1000 mcg

References 參考資料

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