

USANA Rev3 Energy™ Drink

Cleaner • Smarter • Stronger

Developed by USANA's nutrition experts, USANA® Rev3 Energy™ Drink is a unique energy drink packed with natural energy-boosting nutrients.

Rev3 – more than a simple energy drink

- ▶ Rev3 is a great hydrating energy drink offering a comprehensive blend of energy-supporting ingredients including:
 - Vitamin B complex – B1, B2, B3, B5, B6, Biotin
 - Korean Ginseng
 - Green and white tea blend
- ▶ It is also an energizing sport supplement for athletic and active people with the added benefits from additional nutrients such as:
 - CoQ10
 - L-Carnitine
 - Choline
 - Magnesium
- ▶ It is refreshing and uplifting with a hint of natural citrus flavour



Rev3 – the REVolution in energy drink

- ▶ Cleaner
 - No artificial sweetener
 - No artificial colour
 - No artificial flavour
 - No salt
- ▶ Smarter
 - Low in calories (65 Cal per serving)
 - Low in sugar (16g per serving)
 - Low GI formula containing low GI sugars
- ▶ Stronger
 - Packed with energy-boosting vitamins, minerals and antioxidants
 - Combined with herb of the ancient for mental alertness and stamina
 - Powered by USANA's unique proprietary blend of energy complex

The science of energy nutrition in a can of Rev3

Experience the energizing benefits of Rev3 with nutrients that support everyday energy.

- ▶ Vitamin B complex – cofactors required for the metabolisms of fat, carbohydrates, and proteins as source of energy;
- ▶ Korean Ginseng – an invigorating herb and tonic that helps body's resistance to stress and fatigue;
- ▶ Green & White Tea blend – keep you feeling refreshed and alert;
- ▶ Coenzyme Q10 – a potent antioxidant essential in the mitochondrial respiratory chain for energy production;
- ▶ L-Carnitine – assist the transports of fat in muscle tissues for use as energy source;
- ▶ Choline – aids in fat metabolism;
- ▶ Magnesium – a cofactor for energy metabolism.

The Rev3 difference – compared to other energy drinks, Rev3 is unique in its own way.

- ▶ Low calories, low sugar and no salt

Nutritional Facts	Red Bull	Monster	Mother	Rockstar	V	Rev 3
Per 100ml						
Energy (KJ)	192	194	195	230	195	109
Sugar (g)	11	11	10	13	11	6
Sodium (mg)	40	77	52	20	112	0

- ▶ Nutritious energy

Nutritional Facts	Red Bull	Monster	Mother	Rockstar	V	Rev 3
per serving						
Vitamin B Complex	✓	✓	✓	✓	✓	✓
Korean Ginseng	✗	✓	✗	✓	✗	✓
Low-GI Sugar	✗	✗	✗	✗	n/a ¹	✓
Higher GI Sugar	✓	✓	✓	✓	n/a ¹	✗
Caffeine (mg) ²	80	160	96	160	78	60
Sodium	✓	✓	✓	✓	✓	✗

1. Type of sugar is not specified on label.
2. The caffeine in Rev3 is from the natural green and white tea blend.

- ▶ More to an energy drink with additional ingredients

Nutritional Facts	Red Bull	Monster	Mother	Rockstar	V	Rev 3
Biotin (mcg)	✗	✗	✗	✗	✗	✓
Choline (mg)	✗	✗	✗	✗	✗	✓
Magnesium (mg)	✗	✗	✗	✗	✗	✓
CoQ10 (mg)	✗	✗	✗	✗	✗	✓
Carnitine (mg)	✗	✗	✗	✗	✗	✓

Note: The above comparison is based on product label information currently available on the market, and is correct as of March 2012.

Precautions

Rev3 is not suitable for children under 15 years of age or pregnant women. Should only be used under medical or dietetic supervision.

Consult your physician if you are taking prescription drugs or have a medical Condition.

Not a sole source of nutrition should be consumed in conjunction with a nutritious diet. Should be used in conjunction with an appropriate physical training or exercise program.

FAQs

1. Is Rev3 Energy Drink low GI if it contains sugar?

The GI of a food is determined by the quality of the carbohydrates including sugars. Not all sugars have a high GI value. The Rev3 Energy Drink contains low GI sugars from fructose (GI=19), as well as evaporated cane juice – an unrefined natural nutritive sweetener.

2. Does Rev3 Energy Drink contain caffeine?

The Rev3 Energy Drink contains natural green and white tea blend that is not decaffeinated. Each serving of Rev3 provide 60mg of caffeine, which is less than a cup of brewed coffee.

