

BiOmega Supplement Facts and Directions

A concentrated fish oil supplement containing the long-chain polyunsaturated omega-3 fatty acids EPA and DHA. Fortified with Vitamin D and flavoured with lemon oil. Omega-3 fatty acids help to maintain healthy cardiovascular function and joint support. Fatty acids are key components of the brain and eye. DHA is important in the growth and development of the foetal brain during pregnancy.

Directions: Adults take two (2) capsules daily, preferably with meals.

Each Capsule Contains:

Concentrated Omega-3 Triglycerides—Fish	1000 mg
Containing Eicosapentaenoic Acid (EPA)	320 mg
Containing Docosahexaenoic Acid (DHA)	230 mg
Containing Total Omega-3 Triglycerides	600 mg
Cholecalciferol (Vitamin D3, 100 IU)	2.5 µg

Contains: Fish, Sulfites.

Laboratory tested. Quality guaranteed. Meets British Pharmacopoeia specifications for potency, uniformity, and disintegration, where applicable.

Keep out of reach of children. Vitamin supplements should not replace a balanced diet. Consult your physician if you are pregnant, nursing, taking a prescription drug, have a medical condition, or symptoms persist. Advise your doctor of any medicine you take during pregnancy, particularly in your first trimester.

Bottle sealed under cap for your protection. Do not use if the safety seal is broken or missing.

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Store below 25 °C. Made in USA.

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See base for expiry date and batch number.