

# BODY ROX™

## DIETARY SUPPLEMENT 84 TABLETS AUST L 188853

A VITAMIN AND MINERAL SUPPLEMENT TO ASSIST IN THE MAINTENANCE OF GENERAL WELL-BEING.

**DIRECTIONS:** TEENS 12-18 YEARS OF AGE TAKE THREE (3) TABLETS DAILY, PREFERABLY WITH MEALS.

### EACH TABLET CONTAINS:

BETACAROTENE	1.8 mg
VITAMIN C	167 mg
(FROM CALCIUM ASCORBATE	105 mg;
POTASSIUM ASCORBATE	71 mg;
MAGNESIUM ASCORBATE	31 mg;
ZINC ASCORBATE	2.1 mg)
CHOLECALCIFEROL (333 IU VITAMIN D3)	8.33 µg
D-ALPHA-TOCOPHERYL ACID SUCCINATE (EQUIV 66.7 IU VITAMIN E)	55.1 mg
PHYTOMENADIONE (VITAMIN K)	20 µg
THIAMINE HYDROCHLORIDE (VITAMIN B1)	6.67 mg
RIBOFLAVIN (VITAMIN B2)	6.67 mg
NICOTINIC ACID (VITAMIN B3)	4 mg
NICOTINAMIDE	8 mg
PYRIDOXINE HYDROCHLORIDE (VITAMIN B6)	8 mg
CYANOCOBALAMIN (VITAMIN B12)	50 µg
FOLIC ACID	166 µg
BIOTIN	100 µg
PANTOTHENIC ACID	10 mg
CHOLINE BITARTRATE	15 mg
INOSITOL	10 mg
CYSTEINE HYDROCHLORIDE	15 mg
"PHYTO-ANTIOXIDANT COMPLEX" CONTAINING:	
QUERCETIN DIHYDRATE	35 mg
VITIS VINIFERA (GRAPE) SEED EXTRACT	4 mg
EQUIV DRY GRAPE SEED	480 mg
EQUIV PROANTHOCYANIDINS	3.2 mg

CAMELLIA SINENSIS (GREEN TEA) LEAF EXTRACT	4 mg
EQUIV DRY LEAF	112 mg
OLEA EUROPAEA (OLIVE) FRUIT EXTRACT	4 mg
EQUIV FRESH FRUIT	180 mg
CURCUMIN	0.9 mg
LUTEIN	500 µg
LYCOPENE	150 µg
BRASSICA OLERACEA VAR. ITALICA (BROCCOLI) FLOWER POWDER	5 mg
CALCIUM (EQUIV 75 mg CALCIUM) AS:	
CALCIUM CITRATE	119 mg
CALCIUM CARBONATE	111.1 mg
CALCIUM ASCORBATE	105 mg
MAGNESIUM (EQUIV 37.5 mg MAGNESIUM) AS:	
MAGNESIUM CITRATE NONAHYDRATE	37.5 mg
MAGNESIUM AMINO ACID CHELATE	172.5 mg
POTASSIUM IODIDE (EQUIV 50 µg IODINE)	66 µg
ZINC CITRATE DIHYDRATE (EQUIV 4 mg ZINC)	12.5 mg
SODIUM SELENITE (EQUIV 50 µg SELENIUM)	109 µg
COPPER GLUCONATE (EQUIV 330 µg COPPER)	2.4 mg
MANGANESE GLUCONATE (EQUIV 1 mg MANGANESE)	9 mg
CHROMIUM (EQUIV 50 µg CHROMIUM) AS:	
CHROMIC CHLORIDE	179.5 µg
CHROMIUM NICOTINATE	150 µg
MOLYBDENUM TRIOXIDE (EQUIV 16.6 µg MOLYBDENUM)	24.8 µg

THIS PRODUCT CONTAINS SELENIUM, WHICH IS TOXIC IN HIGH DOSES. A DAILY DOSE OF 150 µg FOR ADULTS OF SELENIUM FROM DIETARY SUPPLEMENTS SHOULD NOT BE EXCEEDED.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS BRITISH PHARMACOPOEIA SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION, WHERE APPLICABLE.

KEEP OUT OF REACH OF CHILDREN. VITAMIN SUPPLEMENTS SHOULD NOT REPLACE A BALANCED DIET. CONSULT YOUR PHYSICIAN IF YOU ARE TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION. BOTTLE SEALED UNDER CAP FOR YOUR PROTECTION. DO NOT USE IF THE SAFETY SEAL IS BROKEN OR MISSING.

USANA AUSTRALIA PTY LTD., 3 HUDSON AVENUE, CASTLE HILL, NSW 2154, AUSTRALIA  
STORE BELOW 25°C MADE IN USA 104.030102 LB.000423  
SEE BASE FOR EXPIRY DATE & BATCH NUMBER.