

# US Core Minerals

**DIRECTIONS:** TAKE TWO (2) TABLETS TWICE DAILY, PREFERABLY WITH FOOD.

## S U P P L E M E N T F A C T S

SERVING SIZE: 2 TABLETS

AMOUNT PER SERVING		%DV
VITAMIN C (AS MAGNESIUM ASCORBATE AND CALCIUM ASCORBATE)	300 mg	500%
CALCIUM (AS CALCIUM CITRATE AND CALCIUM ASCORBATE)	112.5 mg	10%
IODINE (AS POTASSIUM IODIDE)	250 µg	170%
MAGNESIUM (AS MAGNESIUM CITRATE AND MAGNESIUM ASCORBATE)	112.5 mg	30%
ZINC (AS ZINC CITRATE)	10 mg	70%
SELENIUM (AS L-SELENOMETHIONINE AND SODIUM SELENITE)	100 µg	140%
COPPER (AS COPPER GLUCONATE)	1 mg	50%
MANGANESE (AS MANGANESE GLUCONATE)	1 mg	50%
CHROMIUM (AS CHROMIUM POLYNICOTINATE)	150 µg	130%
MOLYBDENUM (AS MOLYBDENUM CITRATE)	25 µg	35%
BORON (AS BORON CITRATE)	1500 µg	†
SILICON (AS CALCIUM SILICATE)	2 mg	†
VANADIUM (AS VANADIUM CITRATE)	20 µg	†
ULTRA TRACE MINERALS	1500 µg	†
N-ACETYL L-CYSTEINE	80 mg	†

†DAILY VALUE NOT ESTABLISHED.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, MODIFIED CELLULOSE, CROSCARMELLOSE SODIUM, ASCORBYL PALMITATE, ORGANIC MALTODEXTRIN, PREGELATINIZED STARCH, SILICON DIOXIDE, VANILLA EXTRACT, ORGANIC SUNFLOWER LECITHIN, ORGANIC PALM OLEIN, ORGANIC GUAR GUM.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATION FOR UNIFORMITY, POTENCY, AND DISINTEGRATION, WHERE APPLICABLE.

THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SEAL IS BROKEN OR MISSING.

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STORE BELOW 25° C MADE IN USA

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