

US Nutrimeal
Dutch Chocolate-Pouch

Nutrition Facts	
1 Serving per container	
Serving Size:	1 pouch (60 g)
Amount Per Serving	
Calories	240
% Daily Value*	
Total Fat 7 g	9%
Saturated Fat 1 g	5%
<i>Trans</i> Fat 0 g	
Cholesterol 0 mg	0%
Sodium 400 mg	17%
Total Carbohydrate 30 g	11%
Dietary Fiber 8 g	29%
Soluble Fiber 2 g	
Insoluble Fiber 5 g	
Total Sugars 18 g	
Includes 17 g Added Sugars	34%
Protein 16 g	
Vitamin D 3 mcg	15%
Iron 8 mg	45%
Vitamin C 12 mg	15%
Thiamin 0.3 mg	25%
Vitamin B6 0.5 mg	30%
Phosphorus 279 mg	20%
Magnesium 110 mg	25%
Copper 0.3 mg	35%
Calcium 307 mg	25%
Potassium 520 mg	10%
Vitamin E 3.5 mg	25%
Riboflavin 0.5 mg	40%
Vitamin B12 0.6 mcg	25%
Iodine 46 mcg	30%
Zinc 6 mg	50%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Protein Blend (Soy Protein Isolate, Whey Protein Isolate, Pea Protein, Rice Protein Concentrate), Crystalline Fructose, Fiber Blend (Soy Fiber, Cane Fiber, Oligofructose, Cellulose Gum, Organic Agave Inulin), High Oleic Sunflower Oil, Cocoa, Maltodextrin, Gum Arabic, Vitamin & Mineral Blend (Potassium Phosphate, Calcium Carbonate, Magnesium Oxide, Zinc Gluconate, Ascorbic Acid (Vitamin C), Ferrus Fumarate, D-Alpha Tocopheryl Acetate (Vitamin E), Vitamin A Palmitate, Niacinamide (Niacin), Cholecalciferol (Vitamin D), Pyridoxine Hydrochloride (Vitamin B6), Potassium Iodide, Riboflavin (Vitamin B2), Thiamin Hydrochloride (Vitamin B1), Folic Acid, Cyanocobalamin (Vitamin B12)), Soy Lecithin, Natural Flavors, Prune Powder (Prune, Calcium Stearate), Sodium Caseinate (A Milk Derivative), Sea Salt, Xanthan Gum, Medium Chain Triglycerides.

Contains: Soybean and Milk.

Produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

***For our customers sensitive to gluten:** no gluten-containing ingredients are used in this product. However, Dutch Chocolate Nutrimeal is produced in a facility that manufactures other foods that do contain gluten.

USANA Health Sciences, Inc.
3838 W. Parkway Blvd.
Salt Lake City, UT 84120 USA

Order Express: 1-888-950-9595

Store at room temperature (25 °C)
P0210.010002
P0.000200

US Nutrimeal
French Vanilla-Pouch

Nutrition Facts	
1 Serving per container	
Serving Size:	1 pouch (60 g)
Amount Per Serving	
Calories	240
% Daily Value*	
Total Fat 7 g	9%
Saturated Fat 1 g	5%
<i>Trans</i> Fat 0 g	
Cholesterol 0 mg	0%
Sodium 310 mg	13%
Total Carbohydrate 31 g	11%
Dietary Fiber 7 g	25%
Soluble Fiber 2 g	
Insoluble Fiber 4 g	
Total Sugars 18 g	
Includes 17 g Added Sugars	34%
Protein 17 g	
Vitamin D 3 mcg	15%
Iron 7 mg	40%
Vitamin C 12 mg	15%
Thiamin 0.3 mg	25%
Vitamin B6 0.5 mg	30%
Phosphorus 297 mg	25%
Magnesium 88 mg	20%
Copper 0.2 mg	20%
Calcium 307 mg	25%
Potassium 400 mg	8%
Vitamin E 3.5 mg	25%
Riboflavin 0.5 mg	40%
Vitamin B12 0.6 mcg	25%
Iodine 46 mcg	30%
Zinc 4 mg	35%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Soy Protein Isolate, Crystalline Fructose, Fiber Blend (Soy Fiber, Cane Fiber, Oligofructose, Organic Agave Inulin, Cellulose Gum), High Oleic Sunflower Oil, Maltodextrin, Vitamin & Mineral Blend (Potassium Phosphate, Calcium Carbonate, Magnesium Oxide, Zinc Gluconate, Ascorbic Acid, Ferrus Fumarate, D-Alpha Tocopheryl Acetate (Vitamin E), Vitamin A Palmitate, Niacinamide (Niacin), Cholecalciferol (Vitamin D), Pyridoxine Hydrochloride (Vitamin B6), Potassium Iodide, Riboflavin (Vitamin B2), Thiamin Hydrochloride (Vitamin B1), Folic Acid, Cyanocobalamin (Vitamin B12)), Natural Flavors, Gum Arabic, Soy Lecithin, Prune Powder (Prune, Calcium Stearate), Sodium Caseinate (A Milk Derivative), Xanthan Gum, Medium Chain Triglyceride, Sea Salt.

Contains: Soybean and Milk.

Produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

***For our customers sensitive to gluten:** no gluten-containing ingredients are used in this product. However, French Vanilla Nutrimeal is produced in a facility that manufactures other foods that do contain gluten.

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Store at room temperature (25 °C)
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