

mineral calm

Directions: Add one (1) rounded teaspoon (5 g) of powder to 3 oz. of hot water and fully effervesce. Then, add 3–5 oz. more of hot water and blend until powder is mixed thoroughly. Serve hot 30–60 minutes before bedtime.

Supplement Facts

Serving Size: 1 rounded teaspoon (5 g)

Servings Per Container: 56

Amount Per Serving		%DV
Magnesium (as Magnesium Carbonate)	300 mg	71%
Sodium (as Sodium Bicarbonate)	100 mg	4%
Potassium (as Potassium Bicarbonate)	80 mg	2%

Daily Value (DV).

Mineral Calm provides your body with nutritional support for calming anxious thoughts and supporting healthy muscle response. This inviting warm beverage draws upon the comforting flavors of lemon and ginger to serve as a perfect addition to your bedtime routine.*

Other Ingredients: Citric Acid, Stevia, Salt, Maltodextrin, Gum Arabic, Natural Flavors.

Manufactured by: USANA Health Sciences, Inc., 3838 West Parkway Blvd., Salt Lake City, Utah 84120 USA
Laboratory tested, quality guaranteed. Meets USP specifications for uniformity, potency, and disintegration, where applicable.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

There is a safety seal under the cap. Do not use if the seal is broken or missing.

Store below 25 °C.

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