Directions: Adults take two (2) tablets daily, preferably with food.

## **NUTRITION FACTS**

Serving size: 2 tablets

Servings per container: 28

1	Amount per Serving	%DV
Calories (kcal)	2.8	<1%
Total Fat (g)	0	0%
Cholesterol (mg)	0	0%
Sodium (mg)	6.2	<1%
Total Carbohydrates (g)	<1	<1%
Dietary Fiber (g)	0	0%
Sugar (g)	0	0%
Total Protein (g)	0	0%
Supplement Facts		
Ashwagandha Extract (Withania somnifera, r	oot) 400 mg	t
Lemon Balm Extract (Melissa officinalis L, le	af) 300 mg	t
Saffron Extract (Crocus sativus L, stigmas)	30 mg	Ť
†United States Daily Value (DV) not establish	ed.	

Ingredients: Bulking Agent (Microcrystalline Cellulose), Ashwagandha Root Extract, Lemon Balm Extract, Stabilizer (Croscarmellose Sodium), Binding Agent (Modified Starch), Saffron Extract, Anti-Caking Agents (Ascortly Palmitate And Silicon Dioxide), Castino (Maldocartin, Sunflower Lecithin, Palm Olein, Guar Gum.)

Keep out of reach of children. For adult use only. Not recommended for children or pregnant and lactating women. Consult your physician if you are taking a prescription drug or have a medical condition.

There is a safety seal under the cap. Do not use if the safety seal is broken or missing. Manufactured by: USANA Health Sciences, Inc., 3838 W. Parkway Blvd., Salt Lake City UT 84120 USA

Imported and Distributed by: UHS Essential Health Phils, Inc.

24/F, Tower I, The Enterprise Center, 6766 Ayala Ave. Cor. Paseo De Roxas Makati City. Philippines

Store at temperature not exceeding 30 °C.

Made in USA, 115,320100 LB,002246 FR-4000008181165