## **Nutrition Facts**

Serving Size	3 level scoops (61	
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g)

32%

20%

Calories	<u> 240</u>
	% Daily Value*
Total Fat 9 g	12%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 470 mg	20%
Total Carbohydrate 27 g	10%

Includes 9 g of Added Sugars

Dietary Fiber 9 g

Total Sugars 10 g

14 servings per container

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Protein 20 g		
Vitamin D	2 μg	10%
Calcium	290 mg	20%
Iron	4.8 mg	25%
Potassium	400 mg	10%
Vitamin A	250 μg RAE	30%
Vitamin C	10 mg	10%
Vitamin E	2.7 mg	20%
Thiamin	0.4 mg	35%
Riboflavin	0.4 mg	30%
Niacin	6.03 mg NE	40%
Vitamin B6	0.4 mg	25%
Folate	120 μg DFE	30%
Vitamin B12	0.48 µg	20%
Biotin	28 µg	90%
Pantothenic acid	1.6 mg	30%
Phosphorus	350 mg	30%
lodine	42 µg	30%
Magnesium	115 mg	25%
Zinc	3.1 mg	30%
Selenium	10 μg	20%
Copper	0.51 mg	60%
Manganese	2.01 mg	90%
Chromium	10 µg	30%
Molybdenum	21.4 µg	50%
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<sup>\*</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Brown Rice Protein, Chickpea Protein Powder, Organic Cane Sugar, Sugarcane Fiber, Sunflower Oil, Maltodextrin, Natural Flavor, Vitamin & Mineral Blend (Magnesium Citrate, Tricalcium Phosphate, Dipotassium Phosphate, Zinc Gluconate, Ascorbic Acid, Niacinamide (Niacin), Manganese Citrate, Copper Gluconate, Vitamin E Acetate, Biotin, Vitamin A Acetate, Sodium Selenite, Potassium Iodide, Calcium Pantothenate, Molybdenum Citrate, Chromium Chloride, Vitamin D3, Folic Acid, Riboflavin, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Vitamin B12], Sunflower Lecithin, Flaxseed, Dry Pea Protein Powder, Xanthan Gum, Modified Food Starch, Guar Gum, Sea Salt, Gum Acacia, Monk Fruit Extract.

## Contains: Fish.

<sup>†</sup>No gluten-containing ingredients are used in this product. Produced on equipment that also processes milk and soy.

This is a sealed container. Do not use if container is broken.

## Manufactured for:

USANA Health Sciences, Inc. 3838 W. Parkway Blvd. Salt Lake City, UT 84120 USA Customer service: 1-888-950-9595

Store at room temperature (25 °C).

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