

US Prenatal Core Minerals

Directions: Take two (2) tablets twice daily, preferably with food.

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 56

| Amount Per Serving | | % DV for pregnant and lactating women |
|--|--------|---|
| Vitamin C (as Magnesium Ascorbate and Calcium Ascorbate) | 300 mg | 250% |
| Calcium (as Calcium Citrate and Calcium Ascorbate) | 113 mg | 9% |
| Iron (as Ferrous Fumarate) | 14 mg | 52% |
| Iodine (as Potassium Iodide) | 140 µg | 48% |
| Magnesium (as Magnesium Citrate and Magnesium Ascorbate) | 113 mg | 28% |
| Zinc (as Zinc Citrate) | 10 mg | 77% |
| Selenium (as L-selenomethionine and Sodium Selenite) | 100 µg | 143% |
| Copper (as Copper Gluconate) | 1 mg | 77% |
| Manganese (as Manganese Gluconate) | 1 mg | 38% |
| Chromium (as Chromium Polynicotinate) | 150 µg | 333% |
| Molybdenum (as Molybdenum Citrate) | 25 µg | 50% |
| Silicon (as Calcium Silicate) | 2 mg | † |
| Vanadium (as Vanadium Citrate) | 20 µg | † |
| Ultra Trace Minerals | 1.5 mg | † |
| N-Acetyl L-Cysteine | 80 mg | † |

† Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Modified Cellulose, Croscarmellose Sodium, Ascorbyl Palmitate, Organic Maltodextrin, Pregelatinized Starch, Silicon Dioxide, Vanilla Extract, Organic Sunflower Lecithin, Organic Palm Olein, Organic Guar Gum.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Manufactured by: USANA Health Sciences, Inc., 3838 W. Parkway Blvd., Salt Lake City, UT 84120 USA

Laboratory tested, quality guaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

There is a safety seal under the cap. Do not use if the seal is broken or missing. Keep tablets in original container with the lid tightly closed between uses. Store in a cool, dry place.

Store Below 25° C

102.010189 LB.001561

US Prenatal Vita Antioxidant

Directions: Adults take two (2) tablets twice daily, preferably with food.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 56

| Amount Per Serving | | %DV | Amount Per Serving | | % DV |
|--|-------------|----------------------------------|--|--------|----------------------------------|
| | | for pregnant and lactating women | | | for pregnant and lactating women |
| Vitamin A (as 100% (3000 mcg) Beta Carotene, Mixed Carotenoids) | 1500 µg RAE | 115% | Mixed Tocopherols (D-gamma, D-delta, D-beta Tocopherol) | 40 mg | † |
| Vitamin C (as Poly C® blend: Potassium, Calcium, Magnesium, and Zinc Ascorbates) | 200 mg | 167% | InCelligence™ Complex | | |
| Vitamin D3 (as Cholecalciferol) | 12.5 µg | 83% | Alpha Lipoic Acid | 50 mg | † |
| Vitamin E (as d-alpha-Tocopheryl Succinate) | 67 mg | 353% | Meriva® Bioavailable Curcumin | 36 mg | † |
| Vitamin K (as K1 [Phytonadione] 30 µg, and K2 [MK-7 Menaquinone] 30 µg) | 60 µg | 67% | Complex (<i>Curcuma longa</i> L., root)** | | |
| Thiamine (Vitamin B1) | 15 mg | 1071% | Green Tea Extract (<i>Camellia sinensis hunt.</i> , leaves) | 35 mg | † |
| Riboflavin (Vitamin B2) | 15 mg | 938% | Quercetin Dihydrate | 30 mg | † |
| Niacin (as Niacin and Niacinamide) | 20 mg NE | 111% | Rutin | 20 mg | † |
| Vitamin B6 (as Pyridoxine HCL) | 16 mg | 800% | Hesperidin (<i>Citrus spp. L.</i> , fruit) | 20 mg | † |
| Folate (as 300 µg Folic Acid) | 500 µg DFE | 83% | Olivol® (Olive Fruit Extract, <i>Olea europaea</i> L., fruit)*** | 15 mg | † |
| Vitamin B12 (as Cyanocobalamin) | 100 µg | 3571% | Inositol | 64 mg | † |
| Biotin | 150 µg | 429% | Coenzyme Q10 | 6 mg | † |
| Pantothenic Acid (as D-Calcium Pantothenate) | 45 mg | 643% | Lutein | 300 µg | † |
| Choline (as Choline Bitartrate) | 51 mg | 9% | Lycopene | 500 µg | † |

† Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Modified Starch, Vegetable Fatty Acid, Croscarmellose Sodium, Silicon Dioxide, Organic Maltodextrin, Vanilla Extract, Organic Sunflower Lecithin, Organic Palm Olein, Organic Guar Gum.

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** Meriva® is a registered trademark of Indena S.p.A.

*** Protected under US Patents 6,358,542 or 6,361,803.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

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Store Below 25° C

103.010189 LB.001562