

PH Soy Chocolate Gusset

Directions: Add three (3) rounded scoops (62 g) to 300–360 mL of water, shake, and enjoy. As a meal replacement, take 4 times per day.

NUTRITION FACTS

Serving size: 3 scoops (62 g)

Servings per container: 14

	Amount Per Serving	%DV*
Calories (kcal)	235	12%
Calories from Fat (kcal)	77	
Total Fat (g)	9	11%
Saturated Fat (g)	< 2	6%
Trans Fat (g)	< 1	
Cholesterol (mg)	0	0%
Sodium (mg)	396	40%
Total Carbohydrates (g)	26	9%
Dietary Fiber (g)	10	35%
Sugars (g)	9	19%
Total Protein (g)	20	41%
Vitamin A	255.08 mcg	43%
Vitamin B1	0.5 mg	63%
Vitamin B2	0.51 mg	43%
Vitamin B3	6.07 mg	55%
Vitamin B6	0.5 mg	25%
Vitamin B12	0.6 mcg	60%
Biotin	34.73 mcg	
Vitamin C	12 mg	40%
Vitamin D3	2 mcg	80%
Vitamin E	2.54 mg	25%
Folate	64.5 mcg	32%
Pantothenic Acid	2.07 mg	41%
Calcium	351.23 mg	70%
Chromium	9.92 mcg	
Copper	1 mg	67%
Iodine	44.66 mcg	32%
Iron	4.57 mg	29%
Magnesium	110.02 mg	31%
Manganese	1.24 mg	41%
Molybdenum	20.84 mcg	46%
Phosphorus	454.37 mg	91%
Potassium	699.93 mg	44%
Selenium	10.92 mcg	18%
Zinc	3.95 mg	66%

*The United States % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Nutrition Facts %DV is based on United States Daily Value, CODEX STAN 181-1991 and CAC/GL 2-1985.

Ingredients: Isolated Soy Protein, Powdered Creamer [Sunflower Oil, Maltodextrin, Modified Food Starch, Tricalcium Phosphate, Mono and Diglycerides], Fructose, Cocoa Powder, Sugarcane Fiber, Fructooligosaccharide, Modified Tapioca Starch, Agave Inulin, Emulsifier (Sunflower Lecithin), Natural Flavors (Dark Chocolate and Vanilla), Ground Flaxseed, Magnesium Citrate, Tricalcium Phosphate, Dipotassium Phosphate, Sea Salt, Stabilizer (Sodium Carboxymethylcellulose), Thickener (Xanthan Gum), Blueberry Powder, Apple Powder, Raspberry Powder, Monk Fruit Extract, Sweetener (Steviol Glycosides), Zinc Gluconate, Ascorbic Acid, Niacinamide, Manganese Citrate, Copper Gluconate, Vitamin E Acetate, Biotin, Vitamin A Acetate, Sodium Selenite, Potassium Iodide, Calcium D-Pantothenate, Molybdenum Citrate, Chromium Chloride, Cholecalciferol, Folic Acid, Riboflavin, Pyridoxine HCL, Thiamine HCL, Cyanocobalamin.

Contains: **Soybean.**

†No gluten-containing ingredients are used in this product. Produced on equipment that also processes milk and soy.

This is a sealed container. Do not use if container is broken.

Opened and unopened packaging: Store below 25 °C in a cool, dry place.

Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a prescription drug, or have a medical condition.

Maintain an adequate daily fluid intake. This product may be useful in weight control only as part of an energy-controlled diet.