

SG VITA ANTIOXIDANT SUPP FACTS

Directions: Adults take two (2) tablets twice daily, preferably with food.

Supplement Facts

Serving size: 2 Tablets

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Retinyl Acetate, Mixed Carotenoids and Beta Carotene)	5000 IU 100%	Mixed Tocopherols (D-gamma, D-delta, D-alpha, D-beta Tocopherol)	40 mg †
Poly C Vitamin C Blend (as Potassium, Calcium, Magnesium, and Zinc Ascorbates)	200 mg 222%	Intelligence Complex	
Vitamin D3 (as Cholecalciferol)	500 IU 63%	Alpha Lipolic Acid	50 mg †
Vitamin E (as d-alpha-Tocopheryl Succinate)	100 IU 330%	Meriva® Bioavailable Curcumin Complex (<i>Curcuma longa</i> L., root)*	36 mg †
Vitamin K (as K1, Phytonadione and K2, Menaquinone)	60 µg 50%	Green Tea Extract (<i>Camellia sinensis</i> <i>hunt</i> , leaves)	35 mg †
Vitamin B1 (as Thiamin HCL)	15 mg 1250%	Quercetin Dihydrate	30 mg †
Vitamin B2 (as Riboflavin)	15 mg 1154%	Rutin	20 mg †
Niacin (as Niacin and Niacinamide)	20 mg 125%	Hesperidin (<i>Citrus</i> spp. L., fruit)	20 mg †
Vitamin B6 (as Pyridoxine HCL)	16 mg 941%	Resveratrol	20 mg †
Folate (as Folic Acid)	300 µg 75%	Olivol (Olive Fruit Extract, <i>Olea europaea</i> L., fruit)	15 mg †
Vitamin B12 (as Cyanocobalamin)	100 µg 4167%	Inositol	64 mg †
Biotin	150 µg 500%	Coenzyme Q10	6 mg †
Pantothenic Acid (as D-Calcium Pantothenate)	45 mg 900%	Lutein (<i>Tagetes erecta</i> L., flower)	300 µg †
Choline Bitartrate	125 mg 23%	Lycopene	500 µg †

†Daily Value (DV) not established.

*Meriva is a registered trademark of Indena S.p.A.

SG CORE MINERALS SUPP FACTS

Supplement Facts

Serving size: 2 Tablets

Amount Per Serving		%DV
Calcium (as Calcium Citrate and Calcium Ascorbate)	112.5 mg	9%
Magnesium (as Magnesium Citrate and Magnesium Ascorbate)	112.5 mg	27%
Vitamin C (as Calcium Ascorbate and Magnesium Ascorbate)	300 mg	333%
Iodine (as Potassium Iodide)	250 µg	167%
Zinc (as Zinc Citrate)	10 mg	91%
Selenium (as L-Selenomethionine and Sodium Selenite)	100 µg	182%
Copper (as Copper Gluconate)	1 mg	111%
Manganese (as Manganese Gluconate)	1 mg	43%
Chromium (as Chromium Polynicotinate)	150 µg	429%
Molybdenum (as Molybdenum Citrate)	25 µg	56%
Boron (as Boron Citrate)	1500 µg	†
Silicon (as Calcium Silicate)	2 mg	†
Vanadium (as Vanadium Citrate)	20 µg	†
Trace Minerals	1500 µg	†
L-Cysteine HCL	90 mg	†

†Daily Value (DV) not established.