USANA HEALTH SCIENCES WAS FOUNDED IN 1992, AND CAME TO AUSTRALIA AND NEW ZEALAND IN 1998 SO YOU COULD SAY WE’VE BEEN AROUND THE BLOCK. THAT’S A GOOD THING. OUR LONGEVITY IN THE WELLNESS INDUSTRY GIVES US—AND YOU—AN UNBEATABLE EDGE WHEN IT COMES TO LIVING YOUR LIFE, YOUR WAY. WE HAVE EXPERIENCE IN CREATING EXCEPTIONAL PRODUCTS THAT SUPPORT YOUR HEALTH, AND WE’VE BUILT ON THAT EXPERIENCE TO CREATE A COMPANY THAT’S A FORCE TO BE RECKONED WITH, WORLDWIDE.

WE’RE DEDICATED TO YOU, AND WE PROVE IT EVERY DAY. HOW? BY FOCUSING ON WHAT MATTERS.

We’ve got top-notch manufacturing facilities, our own scientists and research and development team, and the highest standards for our nutritional products. We have an award-winning compensation plan, an award-winning communication department that produces award-winning sales tools, and award-winning products. We don’t like to brag, but we come pretty highly recommended.

You’re probably wondering: How did we get to be so awesome?

Easy. We were founded by an actual scientist—not a corporate suit.

USANA founder, Dr. Myron Wentz, is an internationally recognised microbiologist, immunologist, and pioneer in infectious disease diagnosis. In 1974, he founded Gull Laboratories to develop viral diagnostics, and his greatest successes during this time included the first commercially available diagnostic test for Epstein-Barr virus, better known as the virus that causes mononucleosis or glandular fever.

Corporate success was never Dr. Wentz’ aim. Instead, he centred his life around a dream—a dream dating back all the way to his teenage years, when his father died at the age of 57 from heart disease. From that defining moment, Dr. Wentz made the decision to dream big, to dream of a world free from pain and suffering. A world free from disease.

He founded USANA Health Sciences to help further his dream by providing people all over the world with the most advanced supplements science can produce. This is why USANA is a company based on continuous product innovation. This is why our products are of the highest quality. This is why we have stringent manufacturing processes, ongoing scientific research, and an insatiable drive to produce exceptional products. This is why USANA is trusted by professional athletes and Olympians, but also everyday people who believe health is a vital part of a long, happy life.

This is why USANA is not just another direct selling business. We’re in the business of changing lives for the better. And we’re really, really good at it.

Dr. Myron Wentz, USANA Founder

Dave Wentz, USANA CEO

FOR HEALTH. FOR LIFE. FOR ALL.

For more information contact:

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Castle Hill NSW 2154 AUSTRALIA

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usanablognz.blogspot.com
facebook.com/usanaaustralianewzealand
youtube.com/USANAHealthSciences
twitter.com/USANA_ANZ

everything we do helps you love life and live it.

your health. your life. your way.™
Your health
Formed in 1992 by award-winning microbiologist Dr. Myron Wentz, USANA is now one of the foremost companies in health and nutrition in the world. That’s because right from the start, USANA has been committed to producing the best nutritional products using the highest quality, pharmaceutical grade ingredients. Our standards are so superior that we’re trusted by over 600 elite and professional athletes.

Your life
We’ve chosen to champion peer to peer marketing. It’s an all-inclusive way of doing business which anyone can use to generate wealth—whatever your age, your background or your experience.

Your way
We’ve compiled a range of tools and resources to help boost your learning and productivity, enhance effectiveness and streamline communications. This state-of-the-art technology provides real-time information 24 hours a day, giving you the power you need to grow your business at your pace.

David Mulham, Vice President of Pacific Region

BEYOND THE STANDARD: USANA’S IN-HOUSE MANUFACTURING
EXTRA QUALITY CONTROL. EXTRA TESTING. EXTRA CARE.

USANA’s extra focused on quality. That’s exactly why more than 90 per cent of USANA’s products are made in-house at USANA’s state-of-the-art manufacturing facility.

Taking Control
USANA meticulously and methodically controls the manufacturing process of every single in-house product every step of the way. Third-party vendors make different products for different companies every day, but at USANA, we are experts on our products because we make our products. “When you’re making something for yourself, you take the time to do it right,” says Dr. John Cuomo, USANA’s Executive Director of Global Research and Development. “This is our house. This is our business. And nobody is going to take care of it if we don’t.”

Testing with a Scientific Team
More than 20 scientists, chemists, and microbiologists are tasked with the rigorous task of testing—starting with the raw materials when they enter the in-house manufacturing facility. Paperwork is checked, a visual inspection is performed, and a representative material sample is collected and sent to the lab. Every sample goes through microbiological, contamination, potency, and physical testing. Most ingredients also go through specific testing to ensure they meet United States Pharmacopeia (USP) or British Pharmacopoeia standards, where applicable for things like purity, solubility, and density to make sure what’s on the label is in the product.

Exceeding the Standard
USANA complies with the highest standards of the nutritional supplement industry. USANA’s manufacturing facility is a TGA-licensed, as well as a U.S. Food and Drug Administration (FDA) registered facility. USANA tests every ingredient in every lot; this ensures that when you receive your USANA products, you’re receiving the very best quality. USANA tests every ingredient in every lot; this ensures that when you receive your USANA products, you’re receiving the very best supplements possible. It’s the USANA standard.

FIVE REASONS USANA IS YOUR HEALTHY CHOICE

SCIENCE IS AT THE HEART OF EVERYTHING WE DO.
USANA’s research and development team conducts numerous studies and partners with experts all over the world to develop our nutritional supplements. Every product is backed by cutting edge nutritional science, and we’re always looking for ways to improve our product lines even further.

FIRST-CLASS INGREDIENTS MAKE FIRST-CLASS PRODUCTS.
Our formulas aren’t just backed by science. We also use only the best, pharmaceutical grade, scientifically-proven, and clinically-tested ingredients. Then, we follow stringent analytical and quality control procedures to produce the most exceptional products.

AN UNHEARD OF POTENCY GUARANTEE.
What you read on a product label is what you’ll receive in the product, and each batch is verified for potency before it reaches you. As it should be.

DEPENDABLE, HIGH QUALITY MANUFACTURING.
USANA’s manufacturing facility complies with pharmaceutical grade Good Manufacturing Practices (GMPs). Several government agencies conduct inspections of USANA’s manufacturing facilities—each requiring strict control of procedures and documentation—so the highest-quality manufacturing standards are maintained.

WE HAVE EXTRAORDINARY PEOPLE.
Lots of them. The amazingly high standards we set for our products have attracted more than 600 professional and Olympic athletes to our nutritional and energy food lines. Their health is their life, and they trust their health to USANA. There’s no reason you shouldn’t. Choose USANA, and then get back to what matters most—life.
Riding the wave of success, Olympic kayaker and USANA Sponsored Athlete Tate Smith, has outdone himself again! Still bursting with pride from his 2012 Olympic Gold medal win, Tate an Australian Surf life savior has more terrific titles to add to the list. Fresh from leading the Australian Men’s K1, an Australian Surf life savior has more outdone himself again! Still bursting with and USANA Sponsored Athlete Tate Smith, as of June 2013.

USANA SPONSORED ATHLETES

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Achievements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nathan Sharpes</td>
<td>4-time winner of Rugby Union Players Association (RUPA) Model for Excellence</td>
<td>Won the Australian Surf Life Saving Championships.</td>
</tr>
<tr>
<td>Jordan Morgan</td>
<td>BMX: New level; 2 coaches and BMX official</td>
<td>World No. 3 on 20” BMX &amp; World No. 4 on 24” in the 17-24 Men’s age group.</td>
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<tr>
<td>Alex Fort</td>
<td>Kayaker and surf life savior</td>
<td>Has won 11 medals, 5 National Titles and 3 Olympic Titles at the New Zealand National Canoe Racing Championships.</td>
</tr>
<tr>
<td>David McKeon</td>
<td>Professional Australian Swimmer</td>
<td>Represented Australia at the 2012 London Olympic Games; Current dual Australian Time Trial Champion.</td>
</tr>
<tr>
<td>Temenville Falapp</td>
<td>Australian National Track Under 19 Kein Champion</td>
<td>Gold medallist at the 2011 World University Games; Boring for the 2014 Commonwealth Games.</td>
</tr>
<tr>
<td>Kenneth To</td>
<td>Professional Australian Swimmer</td>
<td>Represented Australia at the 2012 London Olympic Games; Current dual Australian Time Trial Champion.</td>
</tr>
<tr>
<td>Brittta Martin</td>
<td>Professional Triathlete</td>
<td>Competed in 2010 and 2012 Commonwealth Games; Current Australian Time Trial Champion.</td>
</tr>
<tr>
<td>Share Gilleen</td>
<td>Professional Australian Cyclist</td>
<td>Represented Australia at the 2012 London Olympic Games; Boring for the 2014 Commonwealth Games.</td>
</tr>
<tr>
<td>Lisa Tamatti</td>
<td>Elite Ultra-marathon runner, adventurer, author, and documentarian</td>
<td>Among the top female ultra-athletes in the world.</td>
</tr>
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<td>Jordan Morgan</td>
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Congratulations to Mega Marathon Man Mike Alissop! - Mike Alissop

Marathon Man and USANA Ambassador Mike Alissop is on another mega mission, this time with fellow Ambassador, Ultra Runner Lisa Tamati! The dynamic duo, fresh from their amazing challenges, have set their sights on soaring summits, this time in an attempt to break the world’s highest marathon record, Everest of course.

No mountain is too big for Kiwi adventurer Mike, who completed his 7 marathons in 7 days on 7 continents in what is famously known as the 777 Project earlier in 2013. So far for him, the Himalayas hike will be just one more bold and breathtaking adventure.

His inspirational journey earlier this year has notably enhanced USANA Associates and fellow ambassadors but has truly touched the lives of Mike’s chosen charity, KidCan in New Zealand. Each marathon held a different challenge for Mike and this ambitious undertaking was wonderful for the beneficiaries of this unique charity, disadvantaged children in New Zealand. Committed to this longstanding, intense and involved training, Mike was awarded $10,000 from the USANA True Health Foundation for attaining his momentous milestone. By the way, it took him seven days, 21 hours and 45 minutes to complete. Sponsoring his every move was Lisa Tamati, a fellow USANA Ambassador and adventure seeker who joined Mike on day seven of the 777 Project. To date, ultra runner Lisa has run over 60,000 km. From the Sahara to the Gobi Desert and many footsteps in between, Lisa’s list of running achievements span every major desert in the world. No stranger to the height of the Himalayas after completing the Toughest Footrace on the Planet, Mike also marked down the Big Red Run in Australia’s Simpson Desert in July 2013.

Now both of these USANA Ambassadors and adventurers will challenge themselves with an itinerary not for the faint hearted. The October 2013 base camp trek will involve 18 days and include spectacular sights, village pit stops and heritage highlights in the most famous mountain ranges in the world.

USANA and the world will be watching once again as Mike, Lisa and their team brave the weather, altitude and steep climb in their bid to break the world record.

Jie has taken home four singles titles and 14 doubles titles—including eight from the Australian Open—this year at Wimbledon. 

USANA AND THE WTA: A PERFECT MATCH

Win totals and stats current as of June 2013

Zheng Jie

Samantha Stosur

Kim Clijsters

Liezl Huber

Aleksandra Wozniak

Sloane Stephens

Wozniak is currently the number two ranked WTA player in Canada since 2004 and has won seven Canadian’s Best Female Athlete of the Year on multiple occasions.

Sloane Stephens is an up-and-coming tennis star, who defeated Serena Williams at the Australian Open. She now ranks 17 (up from 38 at season end of 2013) in the world. Sloane is the youngest player in the top 20.

Jie has taken home four singles titles and 14 doubles titles—including eight from the Australian Open—one from Wimbledon.
Look. We get it. Direct sales is different. It’s not the status quo. It’s not for everyone, and that’s okay. But if you’re independent. If you’re adventurous. If you enjoy a challenge. If you go for what you want and don’t care what other people think, because you know it doesn’t matter.

Then USANA is your company. We’re your path, your gateway to a future unbounded by the rules and regulations society has created.

It’s simple, really. We offer an escape. With USANA, there are no time cards or office birthday parties or dress codes or cubicles or awkward elevator chitchat about the weather. There’s no morning commute and no evening rush hour. There’s only freedom to do what you want, when you want.

BECAUSE EVERYTHING WE DO HELPS YOU LOVE LIFE AND LIVE IT. YOUR WAY.
Countless studies have shown that the key to a longer health span lies in choosing a lifestyle that supports optimal health. And luckily, you’re in control. Youthful vitality, no matter your age, comes as a result of the positive choices you make daily to protect your body’s cells. Things like diet, quality supplementation, exercise, proper hydration, and skin care all impact our ability to live life to its full potential.

These positive health choices take on more importance when we’re confronted with the realities of the world around us. Public health scientists have found new evidence of the threats to our cellular health posed by our toxic environment. The air we breathe, water we drink, and foods we eat contain substances that may be damaging to our cells. Any tissue that is exposed to the environment, including the skin and the linings of the respiratory and gastrointestinal passages may be especially vulnerable.

“The human body is made of cells, and those cells work together to sustain your life,” USANA founder and chairman Dr. Myron Wentz (PhD, Microbiologist and Immunologist) says. Other scientists concur on the importance of supplementation. Many researchers believe supplementary antioxidants are necessary for aiding the body’s normal defence systems in combating free radicals. “My father started USANA Health Sciences with a focused vision of freeing the world from pain and suffering,” USANA CEO Dave Wentz says. “He envisioned a world where people experienced physical health, emotional well-being, and financial stability. He wanted to give his family and the families of thousands of others the means to enjoy life to its fullest in happiness and health.”

You are in charge of your happiness and health. It starts with the healthy choices you make. Currently, hundreds of thousands of families around the world are supplementing their diets with USANA products, and making the positive choice to pursue a healthier tomorrow.

**UNDER THE MICROSCOPE**

**Healthy human cells in culture**

Laboratory experience and analysis indicate that certain types of healthy cells in culture may survive indefinitely when “nutriented” properly and protected from harmful toxins.

**Cells after adding digested products from a fatty meal**

Cellular damage is caused by oxidised lipids from fatty food. Consider that such damage could occur throughout the body.

**Similar cells when antioxidants are introduced**

Antioxidants provide a marked improvement in inhibiting cellular damage from oxidisable foods. Healthier eating habits and proper nutrition are your first line of defence.

**USANA HAS CHALLENGED MY BELIEFS**

“Three years ago, I was a traditional GP who believed there was no need to take nutritional supplements. As long as you were eating a wide range of foods from the five basic food groups that is. But, my opinion changed when I was introduced to USANA. I began to read books and articles that proved there was science that backed the use of supplements and my traditional beliefs were challenged. Seventy per cent of chronic degenerative diseases are caused by nutritional deficiencies and poor lifestyle. And, The Journal of American Medical Association has declared: ‘It appears prudent that all adults should take a nutritional supplement.’

I choose to use USANA and I have experienced amazing results in my own health!”

Dr. Bernadette Dulawan
Sydney, Australia
USANA Associate
TRUE HEALTH—IT’S ESSENTIAL

Your personal nutrition plan starts with a simple system of supplements. Together, the Mega Antioxidant and Multimineral comprise the USANA Essentials™ for adults. This duo delivers a broad range of vitamins, minerals, and antioxidants to support the health of your entire body from the cell up.

Mega Antioxidant

Active Ingredients: Betacarotene, Vitamin C (poly C™), Vitamin E (d-Alpha tocopheryl acid succinate), Natural mixed tocopherols, Vitamin K (Phytomenadione), Vitamin B1 (Thiamine hydrochloride), Vitamin B2 (Riboflavine), Vitamin B6 (Pyridoxine hydrochloride), Folic Acid, Vitamin B12 (Cyanocobalamin), Biotin, Calcium pantothenate, Biotin, Women, Citrus bioflavonoids, Alpha lipoic acid, Ubidecarenone (Coenzyme Q10), Rutin, Quercetin, Citrus bioflavonoids extract, Herbal extracts [from Olive fresh fruit*, Green tea (Camelia sinensis), Bilberry (Vacinium myrtillus), Pomegranate (Punica granatum), Cinnamon (Cinnamomum cassia), Broccoli (Brassica oleracea), Inositol, Choline bitartrate, Cysteine hydrochloride, Bromelains, Alpha lipoic acid, Alpha lipoic acid, plant extracts from Green tea, Grape seed (Vitis vinifera) and Japanese knotweed (Polygonum cuspidatum) containing resveratrol.

You’d have to eat approximately 18,200 calories and spend more than $70 a day to get the same amount of nutrients found in a daily dose of the Essentials.

NOTIFICATION:

Do not take while on warfarin therapy without medical advice.

Contains sorbic acid and sodium benzoate.

This product contains selenium which is toxic in high doses. A daily dose of 150 μg for adults of selenium from dietary supplements should not be exceeded.

Vitamin supplements should not replace a balanced diet.

USE ONLY AS DIRECTED. ALWAYS READ THE LABEL.

YOUR AWARD WINNING NUTRITIONALS!

USANA is named as the Editor’s Choice and two of our popular products, the Essentials™ and HealthPak™ receive the Top 5-Star rating, with Gold Medals of Achievement from NutriSearch Comparative Guide to Nutritional Supplements 2012 Consumer Edition. This comprehensive publication shows the results of in-depth comparisons of over 250 Australian and New Zealand supplements. Ratings are awarded according to critical health support criteria for each supplement and in light of the latest global scientific findings.

VALUE VERSUS COST

The USANA HealthPak™ is a selection of core supplements pre-packed in convenient AM and PM packs. It’s a perfect way to get your Essentials plus bone-supporting Active Calcium Plus™ and an added dose of antioxidant protection every day with the exclusive AO Booster™.

HealthPak™ (Essentials/Optimizers™)

Active Ingredients: Each packet contains other ingredients as in: Mega Antioxidant, Multimineral, Active Calcium Plus, AO Booster

EXCLUSIVE TO HealthPak containing: Alpha Lipoic acid, plant extracts from Green tea, Grape seed (Vitis vinifera) and Japanese knotweed (Polygonum cuspidatum) containing resveratrol.

NUTRITION ON THE GO

The USANA Healthpak™ is a selection of core supplements pre-packed in convenient AM and PM packs. It’s a perfect way to get your Essentials plus bone-supporting Active Calcium Plus™ and an added dose of antioxidant protection every day with the exclusive AO Booster™.
Body Rox™

Body Rox™ is specifically formulated to meet the nutritional demands of growing adolescent bodies and provides a combination of antioxidants, vitamins and minerals that help young bodies maintain ideal health, including grape seed extract, green tea extract, olive fruit extract, meriva curcumin, lutein, and lycopene.

**Active Ingredients:** Beta carotene, Vitamin C (as calcium ascorbate, potassium ascorbate, magnesium ascorbate and zinc ascorbate), Cholecalciferol (Vitamin D3), alpha-tocopheryl acid succinate, potassium ascorbate, magnesium ascorbate and zinc ascorbate, and stevia.††

**TODAY’S HEALTHY REALITY**

Living a life you love begins with great health. But today’s unfortunate reality is that many people’s lives are plagued by the leading causes of premature death:

- Cardiovascular disease (17.3 million*)
- Cancer (7.5 million*)
- Stroke (6.1 million*)
- Respiratory disease (4.2 million*)
- Diabetes (1.2 million*)

The majority of these degenerative diseases are caused by poor lifestyle choices. But it’s never too late to make a change for the better.


USANA FOR ALL GENERATIONS

Research shows that many children do not get the nutrition they need. Poor nutrition during the developmental years can slow growth or delay sexual maturation, while proper nutrition gives children and adolescents a foundation for good health for the rest of their lives. To provide their bodies with adequate amounts of all the essential nutrients, parents should implement a well-balanced, proactive nutritional plan that includes high-quality vitamin and mineral supplements in addition to eating a healthy diet.

Active Calcium™ Chewable

Active Calcium™ Chewable is a great-tasting chewable calcium supplement for kids, teens, or anyone who prefers a chewable tablet. It is formulated with the same amount of calcium, magnesium, and vitamin D as the Active Calcium Plus™ tablet. Active Calcium Chewable has been shown to improve bone mineralisation in preadolescent girls††, and is an effective way to increase dietary calcium.

**Active Ingredients:** Calcium (from calcium citrate, magnesium carbonate, cholecalciferol), Magnesium (from magnesium oxide, magnesium carbonate, cholecalciferol, and vitamin D3), Vitamin D3 (cholecalciferol), Phyto-Antioxidant Complex (containing Quercetin dihydrate, Vitamin C (as calcium ascorbate, potassium ascorbate, zinc ascorbate), and inulin).

**BiOmega™ Jr.**

BiOmega™ Jr. is a robust omega-3 supplement for children aged 4 to 12 years. It delivers an optimal range of Omega-3 fatty acids – 230 mg DHA (docosahexaenoic acid) + 350 mg EPA (eicosapentaenoic acid) in every dose. DHA and EPA are believed to be important for brain function and eye health in children. Omega-3 fatty acids are necessary for the normal function of healthy cells, for healthy growth and development and healthy eye development. Naturally sweetened with the herb stevia, BiOmega Jr. has a delicious creamy orange flavour and comes in convenient single-serve packets.

**Ingredients:** Fish Oil, Water, Pasteurized Egg Yolk, Natural Orange Flavor, Stevia extract, Proprietary blend of Antioxidants.††

**Todays Healthy Reality**

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YOUR HEALTH.

CARDBOVA^ULAR SYSTEM
The cardiovascular system includes the heart and blood vessels. It is responsible for circulating blood, which carries nutrients, oxygen, and blood cells throughout the body.

NERVOUS SYSTEM
Consisting of the brain, spinal cord, and nerves, the nervous system collects and processes information from inside and outside the body and sends relevant commands to the muscles and glands throughout the body.

CELLULAR FUNCTION
The fundamental molecules of life, cells, have unique functions in every part of the body. Our health depends on repairing and regenerating cells to keep them functioning properly.

Proflavanol C^100™
Proflavanol C^100™ provides superior antioxidant protection with a synergistic blend of grape seed extract and Poly-C™ – with procyanidins that appear to be some of the most powerful free radical scavengers yet discovered. Proflavanol C^100™ employs USANA’s breakthrough Nutritional Hybrid Technology. This enhanced formulation supports cardiovascular health, immune function, and assists improved skin appearance.

Active Ingredients: Vinifera grape seed extract, Vitamin C as Poly-C™, and proanthocyanidins.

CoQuinone™
The USANA commitment to quality, using only the best ingredients in the right amounts and proper formulations for optimal bioavailability can be seen at its best in CoQuinone™.

CoQuinone™ is clinically proven to be more bioavailable than some other CoQ10 products. CoQuinone™ contains 30 mg of CoQ10 and 12.5 mg of alpha lipoic acid per soft gel capsule. CoQuinone 100™ contains 100 mg of CoQ10 and 40 mg of alpha lipoic acid per capsule. It provides more than three times the strength of regular CoQuinone in one convenient dose. USANA’s unique formulation helps to support normal healthy heart function, optimum physical performance and stamina.

Active Ingredients: Coenzyme Q10, Alpha lipoic acid

Ginkgo-PS™
Ginkgo-PS™ contains a combination of ginkgo biloba extract, phosphatidylserine (PS)-enriched lecithin to assist in the maintenance of peripheral circulation and the improvement of general well-being.

Active Ingredients: Ginkgo biloba extract, Lecithin

Visionex™
This comprehensive formula is designed to maintain long-term eye health with two of the most powerful free radical scavenging antioxidants – lutein and zeaxanthin. Our eyes are constantly exposed to harsh environmental factors such as air pollution, dryness, and oxidative damage from sunlight. The extra nutritional support you’ll receive from Visionex™ will go a long way toward maintaining your healthy vision. Visionex contains guaranteed levels of lutein and zeaxanthin, as well as vitamin C, zinc, and bilberry extract to support healthy eyes and acute vision.

Active Ingredients: Vitamin C as Poly-C™, lutein, zinc ascorbate, magnesium ascorbate, bilberry extract, vitamin E, vitamin A, vitamin K, vitamin B1, vitamin B6, copper.

Poly C™
Formulated with a unique blend of highly bioavailable mineral ascorbates providing potent vitamin C activity. Poly C™ maintains higher blood levels of vitamin C than ascorbic acid alone. Poly C also contains a bioflavonoid complex from hesperidin, rutin, and quercitin for maximum antioxidant activity and bioavailability, and to assist in the improvement of general well-being.

Active Ingredients: Vitamin C as Poly-C™, and Bioflavanoids.

Vitamin D
USANA’s Vitamin D contains 1000 IU of vitamin D in each tablet, based on scientific evidence showing prevalence of vitamin D deficiency around the world with potentially adverse effects on overall health. USANA’s Vitamin D supplement is formulated with maximum strength vitamin D to ensure you get the vitamin D you need.

Active Ingredients: Vitamin D3 (Ergocalciferol)

BiOmega™
BiOmega™ is a high potency natural fish oil supplement encapsulated in convenient gel capsules. With a higher level of total omega-3 essential fatty acids per capsule, USANA’s BiOmega offers almost double strength potency compared to the standard fish oil products currently available, providing 320 mg of eicosapentaenoic acid (EPA) and 230 mg docosahexaenoic acid (DHA). These nutrients help to support healthy cardiovascular function, maintain good joint health, and are important for brain and eye health.

BiOmega is also fortified with vitamin D and flavoured with natural lemon oil.

Active Ingredients: Concentrated omega-3 triglycerides natural fish oil, vitamin E, vitamin A, lemon oil

E-Prime™
The USANA E-Prime™ is a premier vitamin E product for those who wish to increase their vitamin E intake and enhance their antioxidant protection. E-Prime uses state-of-the art liquid hard-shell encapsulation technology further enhancing its bioavailability. The result is a potent and complete vitamin E formulation.

Active Ingredients: 400 IU vitamin E in each soft gel capsule

You only live once...
If your current job doesn’t help you achieve your dreams, why do it? You only live once – that’s why Dalin and Jessica made a decision to work on their USANA business full time.

“We see the USANA opportunity as a bridge to make our dreams a reality AND in our 20’s. It’s the best decision we’ve ever made in our lives. Now we can live our life by our design, not by default. Every day we decide what time to wake up, we decide what to do – whether it’s working on the business or talking a walk on the beach! We decide which dream car we want to drive and which country we want to explore… USANA gives us choices, which for us, mean freedom. But the best part is USANA keeps our families healthy while we enjoy the lifestyle. We know USANA is a life changing opportunity which is why we keep sharing this wonderful opportunity with people around us.”

Jessica Sun & Da Lin Wang
VIC Australia
USANA Associates

Vitamin supplements should not replace a balanced diet. USE ONLY AS DIRECTED. ALWAYS READ THE LABEL. * Do not take with Warfarin therapy without medical advice. ^ Contains sugar.
YOUR WAY.

SKELETAL SYSTEM

Bones, cartilage, and connective tissues make up the skeletal system. This important framework of the body provides support, allows for a wide range of movement, and protects internal organs.

Active Calcium Plus™

Active Calcium Plus™ provides comprehensive nutritional support for optimal bone development and maintenance throughout all stages of life. Active Calcium Plus is carefully formulated with an optimal dosage of calcium, magnesium, and vitamin D to offer a superb nutritional supplement for the maintenance of strong, healthy bones. Supplementation of calcium is one of the keys to help reduce the risk of developing osteoporosis and increase quality of life.

Active Ingredients:
- Calcium (from calcium citrate hydrate, calcium carbonate), Magnesium (from magnesium oxide), Cholecalciferol (vitamin D3).

Palmetto Plus™

Palmetto Plus™ is a comprehensive formulation that provides powerful support for the male physiology and function. It contains all-natural botanical components guaranteed for potency, and furnishes a comprehensive, unique formulation with extracts from saw palmetto, tomato, and soy isoflavones.

Active Ingredients:
- Extracts from Serenoa serrulata (Saw Palmetto), Solanum lycopersicum (tomato), Glycine max (soybean).

Endocrine System

The endocrine system is a group of glands that regulates body processes by producing hormones, the chemical messengers in the body. These hormones affect various glands in the body.

PhytElle™

PhytElle™ is a combination of soy isoflavones combined with herbal extracts from black cohosh, dong quai, licorice root, and chasteberry fruit powder. It helps in the relief of symptoms associated with women’s health such as PMS and menopause.

Active Ingredients:
- Glycine max (soybean), Herba extractus from Cimicifuga racemosa (black cohosh), Glycyrrhiza glabra (licorice), Angelica polymorpha (dong quai).

HepaPlus™

HepaPlus™ is a potent liver tonic with a powerful blend of antioxidants including high-quality botanical extract from milk thistle, green tea, turmeric, and broccoli concentrate. HepaPlus also contains cyanines, choline and alpha lipic acid to provide comprehensive support for healthy liver function and normal detoxification processes. It has additional supporting ingredients such as Olivol™ and choline.

Active Ingredients:
- Herbal extracts from Silybum marianum (milk thistle), Cucurbita maxima (pumpkin), Curcuma longa (turmeric), Olea Europaea (olive), Brassica oleracea (broccoli), Choline Bitartrate, Cystine.

Digestive System

From the mouth to the colon, the digestive system includes all the organs involved in breaking food down into forms that are useable by the body and removing waste and toxins.

USANA® Probiotic

USANA® Probiotic contains a unique 50/50 mixture of Bifidobacterium, BB-12® and Lactobacillus rhamnosus GGC, LGG™—two strains of probiotic bacteria that have been clinically proven to survive transit through the acidic environment of the stomach, and promote a natural balance of beneficial microflora in the gut.*

This unique formula also guarantees you receive billions of viable bacteria per serve throughout the shelf life when stored at room temperature.

Active Ingredients:
- Glucose (fructose, Sucrose, Maltodextrin), Lactobacillus rhamnosus (GGC), Lactobacillus gasseri (LGG™), Lactobacillus plantarum (BB-12®), Choline Bitartrate, Cystine.

Hybrid

Powerful polyphenolic antioxidants found in olives are not available from other dietary sources. USANA’s patented Olivol™—Olive Fruit Extract contains a high concentration of these unique antioxidants, delivering many of the health benefits associated with olive fruit and olive oil consumption, including supporting cardiovascular health.

USANA is now certified by OK Kosher Certification. You will find the symbol of a Circle with a K inside it, and this is recognisable globally.

Kosher certification ensures that our certified products do not contain any ingredients that are forbidden by either the Jewish or Muslim faiths. This certification process requires the inspection of the USANA manufacturing facility in Salt Lake city, USA by another set of auditors. The Kosher certifying authority conducts an annual audit of the USANA facility and a local rabbi inspects the facility monthly, inspecting the ingredients and the processes to ensure no cross contamination of any product.

This is another certification on the cleanliness of our process, our documentation and adherence to our GMP protocols. In addition it will be specifically recognised by Jews, Muslims, Vegans and others who want a certified product.

Our initial certifications currently cover only a few products, and we are working towards having more products certified shortly.

Olivol™—Olive Fruit Extract contains a high concentration of these unique polyphenols, delivering many of the health benefits associated with olive fruit and olive oil consumption, including supporting cardiovascular health.

ENDOCRINE SYSTEM

The endocrine system is a group of glands that regulates body processes by producing hormones, the chemical messengers in the body. These hormones affect various glands in the body.

PhytElle™

PhytElle™ is a combination of soy isoflavones combined with herbal extracts from black cohosh, dong quai, licorice root, and chasteberry fruit powder. It helps in the relief of symptoms associated with women’s health such as PMS and menopause.

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It contains L-Carnitine, CoQ10 and B Vitamins Complex, key to energy production, magnesium is also vital for a number of vital biochemical processes in the body, and Korean ginseng that helps with resistance to stress and fatigue. 

low GI and formulated for sustained energy. It makes a great supplemented sports food.

Rev3 Energy Surge Pack
Rev3 Energy Surge Pack is a refreshing lemon tea flavoured powder that comes in a small, portable packet. Just grab your water bottle, add the powder to your water, and shake for a fast pick-me-up.

USANA Snacks (Low GI)
Who says healthy eating can’t taste delicious? Our low-glycemic, high-protein snacks will not only satisfy your cravings, but will give you the sustainable energy you need without all the extra calories. So, stay fuller for longer with snacks specifically designed to help you meet your weight-management goals.

Nutrimeal™
Nutrimeal shakes are nutritionally balanced meal replacements that provide a healthy ratio of carbs, proteins, and beneficial fats to help support optimal health and an ideal weight. Their low-glycemic formulas are designed to deliver sustained energy and control hunger.

Try all three flavours:
- Dutch Chocolate (protein blend)
- French Vanilla (low protein and gluten free)
- Wild Strawberry (protein blend)

Fibergy™ Plus (Low GI)
Fibre is one of the key ingredients to a healthy diet, and Fibergy™ Plus drink mix provides 12 grams of dietary fibre in each serving. It also contains psyllium and inulin. Inulin is a dietary fibre that is sometimes regarded as prebiotic. Fibergy Plus now is flavourless, which makes it an easy addition to any drink. It contains natural ingredients and is formulated without gluten.

SoyaMax™
Each serving of SoyaMax™ contains 24 grams of soy protein and is an outstanding source of low-fat, cholesterol-free, non-animal protein. SoyaMax is formulated with soy protein isolate providing essential amino acids.

KATHY KAELER
Celebrity trainer, creator of Sunday Set-up™ and USANA spokesperson

“Healthy living starts with good choices, from what we put in our bodies to how we move them. That’s why I rely on USANA Foods, from RESET to Nutrimeal and the Nutrition Bars. I get the balanced energy that I need, and I know they’re scientifically developed with superior nutrition so you can live healthier.”

USANA RESET Challenge: meet our Australia and New Zealand stars!

Earlier this year, USANA challenged Associates to take on the RESET™ Challenge: Destination Transformation weight-loss competition. This 13-week program was an open invitation to lose the extra kilos and to win big – it was a great team opportunity!

In Australia and New Zealand, the three most dramatic weight losers won an all-expenses paid trip to Sanoviv. In Australia and New Zealand, the three most dramatic weight losers won an all-expenses paid trip to Sanoviv. In Mexico incorporating alternative, nutritional and integrative health programs. A personalised protocol is devised for every individual.

Jerome’s journey
Kean спортman, Jerome Amarasinghe shed a staggering 40kg – that’s a quarter of his starting body weight in just 13 weeks! With every week, he felt his fitness and confidence grow.

Renuka’s route to success
Having battled her weight since she can remember, Renuka Keenawinna realised that her comfort eating ways had to end! Renuka also finished the Challenge losing 25 per cent of her starting body weight – an incredible loss of 20kg!

Lisa Joe from New Zealand like many of us felt her clothes were getting just that little bit tighter after the Christmas festivities. Lisa tipped the scales at 97.6kg – her heaviest weight ever.

Liss’s road to restored health
Lisa focussed on her personal challenge and incorporated 30 minutes of power walking. “I found I started to walk taller and even sat more upright – I wasn’t slouching anymore,” she says.

Individual results may vary. RESET weight-management program lowers your daily calories intake and recommends moderate exercise for best results. Typical results are from 2 to 3 lbs vs 5 days. It is suggested that you take these products to your physician and secure his or her advice if you intend to change your diet, begin an exercise program, are pregnant, lactating, have allergies, are taking medication, or are under the care of a physician. Children under the age of 18 should not participate in the RESET program, except on the advice of their physician and/or dietitian.

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Sensé beautiful science™ is a complete face and body care collection without added chemical preservatives. Its patented Self-Preserving Technology combines purifying botanicals in protective liquid crystals, so each product stays fresh naturally. Skin looks younger and healthier.

THE FOUNDATION OF BEAUTY IS THE HEALTH OF YOUR CELLS

Developed by USANA Health Sciences, Sensé products are formulated to properly nourish and hydrate your skin’s cells, for younger looking, healthy skin. The Sensé beauty regimen is designed to be a comprehensive approach to skin and hair care, incorporating the latest developments in Topical Nutrition and Anti Ageing Technology.

BODY CARE FOR THE ENTIRE FAMILY

Radiate health from head to toe with the Sensé body care collection.

SENSÉ, SCIENCE-BASED. RESULTS-FOCUSED.

The Deluxe Pack features the full range of facial products. In an eight-week clinical study, Deluxe Pack users experienced a decrease in the appearance of fine lines, wrinkles, and dryness, and increased smoothness, elasticity, and moisture. All that in just eight weeks, with visible results in as few as two.

Anti Ageing Technologies

DSR™ (Dermal Surface Renewal) Technology
- marine-source ingredients reduce the appearance of fine lines and wrinkles and energise the skin
- skin brighteners counteract uneven skin tone
- MMP inhibitors minimise the visible effects of ageing for smooth, younger looking skin

Regenisomes™
- oceanic enzymes help boost skin’s response to environmental damage and mend the look of ageing

Topical nutrition

Proflavanol-T® Antioxidant Complex
- whole-grape and green tea extracts combat free radicals
- vitamin E soothes and maintains skin’s moisture

Proteo-C® Vitamin C Complex
- vitamin C brightens and provides oxidative defense
- proline and glycine draw in moisture

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Radiate health from head to toe with the Sensé body care collection.

EXCLUSIVE PATENTED SELF-PRESERVING TECHNOLOGY

Sensé beautiful science™ is a complete line of skin-care products without added chemical preservatives or parabens for healthy looking skin and a healthier you. Using patented Self-Preserving Technology that combines purifying botanicals in protective liquid crystals, each product stays fresh naturally. With pure plant bioactives and exclusive nutrient complexes, the products are designed to help revitalise each cell, where healthy skin begins, so skin looks younger and healthier.

Your skin deserves the best. Take care of yourself with the best nutrition and skin-care products available.

ASHLAN GORSE
E! Entertainment News correspondent

“I love Sensé. The entire line is amazing. The Eye Nourisher is a dream and has saved me on many morning shoots!”

A long-time fan of Sensé products, Ashlan Gorse has been compensated for use of her name and likeness in marketing materials.
ASSOCIATE WITH SMART

Scientists are smart. Smart is good. But you don’t have to be a scientist to be smart. Just be curious. Strive for knowledge. Learn. And associate with smart.

Have smart friends. Like USANA’s scientists. They’re smart. They partner with research institutions across the globe to discover what our bodies need to be healthy. Then, they turn that knowledge into award-winning nutritional products for you and hundreds of thousands of people in USANA’s ever-expanding global markets.

ASSOCIATE WITH SMART

USANA Health Sciences’ roots in health run deep. For over 20 years, USANA has been dedicated to providing our Associates and customers with the best nutritional products on the market. USANA is on the cutting edge of nutritional research and development, but it’s up to you to make your health a priority. Luckily, USANA can help. The True Health Assessment is a new approach to your health. It’s fast, easy, and it’s totally personalisable! It’s the ultimate guide to customising your nutrition to your needs.

Optimal health is imperative, and the time to make changes and achieve your goals, is now. USANA’s True Health Assessment will make sure you’re on the right track!

It’s easy! Take the True Health Assessment on your iPad or online.

For the iPad version log onto USANAtoday or log on to: www.truehealthassessment.com. You will be asked a series of health-related questions, from diet and exercise to lifestyle choices and nutrition preferences. No need to worry about wrong answers—this is all about you and what you want out of your customised health plan.

Once you complete the assessment you will receive a top health risk factors assessment and a lifestyle plan. This information includes: activity, diet, toxic burden, biometrics and genetics, and stress.

The Scientific Advisory Council members were selected for their exceptional expertise in nutritional medicine and preventive nutrition. Representing Associates who are physicians and health-care professionals throughout the world who recommend USANA to their patients, they also provide USANA with valuable insights into product applications and efficacy. USANA works with the Scientific Advisory Council on a regular basis to review formulas and get suggestions for how our customers can best incorporate our products into comprehensive lifestyle programs promoting health and wellness.

USANA SCIENTIFIC ADVISORY COUNCIL

Dr. Monica Lewis
Speaker and co-author of a number of books, Dr. Lewis, along with her husband, cardiologist Dr. Gerald Lewis, wrote Dietary Supplements, Cancer and Heart Disease and practices holistic medicine.

Dr. Bart Moore
Board certified in family medicine and as a nutrition specialist, Dr. Moore is a Diplomate of the American Board of Anti-Aging Medicine, with a private practice emphasising nutrition and prevention.

Dr. Peter W. Rugg
Chair, Diplomate, American Board of Internal Medicine; and Fellow, American College of Emergency Physicians.

Dr. Libby Weaver
Dr. Libby Weaver has joined the USANA team as a Global Health Educator. USANA will also be drawing on the expertise of Dr. Libby Weaver, author and one of Australasia’s leading nutrition specialists and weight-loss experts, to provide insight and education to Associates and Customers about our popular line of weight-loss and nutritional products.

Dr. Christine Wood
Practicing paediatrician with expertise in nutritional medicine for children, Dr. Wood is the author of How to Get Kids to Eat Great and Love It.

Dr. Tim Wood
Former executive vice president of research and development at USANA, Dr. Wood received a Ph.D. from Yale University and has spent more than 25 years managing research and development programs.

Dr. Heather Tick
Leading physician, speaker, and researcher specialising in holistic approaches to treating chronic pain and promoting healthy ageing, Dr. Tick is the author of Life Beyond the Carpal Tunnel.

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Vitamin supplements should not replace a balanced diet. USE ONLY AS DIRECTED. ALWAYS READ THE LABEL.

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Actually, it’s been here for a while. Maybe you didn’t notice it because of the lack of flash—no shining corporate monoliths shooting higher into the sky or golden parachutes floating safely to the ground. You might have been searching for another big, bold ad or a hot stock symbol. That’s OK. But when you’re looking for the future of business—and the present, really—you have to train your eyes away from the billboards and the TV. You won’t find it there.

Try looking closely at your neighbours, friends, and family. There, in the relationships you build with people, you’ll find the present and future of business, and lasting hope for the entrepreneurial spirit. The future of business isn’t in a cubicle on a non-descript floor of a non-descript office building. It’s in your living room, in the strength of people’s convictions, and in the vision of those looking to make a positive change.

Consider that with direct selling, you have:

1. Big opportunities for growth and profit with little start-up cost and virtually no overhead.
2. No restrictions on education, experience, age, background, or financial status. The only restriction in direct selling is the amount of effort a given person is willing to put in.
3. Leveraged income, and the chance to earn money while helping others succeed—instead of earning it because others fail.
4. The ability to set your own schedule, and the flexibility and freedom to enjoy life.
5. A chance to grow as a person by overcoming challenges, achieving goals, and getting out of your comfort zone.

While the unparalleled opportunity for growth and the extra benefits make direct selling the avenue for entrepreneurship now and in the future, it’s the industry’s unique ability to affect positive change that sets it apart.

That’s why you’ll find the future of business in the faces of people struggling to make ends meet. Single mothers and fathers looking to support their children. Couples burdened with debt. Recent university graduates wading into uncertain economic waters. Retirees looking for a financial security blanket. Direct selling gives you the opportunity to make money and change your life. But, unlike other opportunities, direct selling also allows you to help make positive changes in the lives of others as well.

And that’s why, even without the flash, the present and future of direct selling—and the future of business in general—looks so bright.

SIX WAYS TO EARN INCOME WITH USANA

**RETAIL SALES**
Earn profits on the difference between wholesale and retail.

**WEEKLY COMMISSIONS**
Earn a weekly commission of up to 25% from your customers and sales volume of your team.

**INCENTIVES**
Be rewarded with luxury travel, prizes, and even extra cash through USANA’s generous incentive programs.

**LEADERSHIP BONUS**
Participate in USANA’s 3% worldwide weekly bonus pool.

**LIFETIME MATCHING BONUS**
Sponsor new Premier Platinum PaceSetters and receive up to a 15% match of their commission volume for the life of their USANA businesses.*

**ELITE BONUS**
Enrich your income with USANA’s 1% quarterly bonus shared among the top 40 income earners for each quarter.

*As long as you are commission qualified and in compliance with your Associate Agreement.

TAKING CHARGE OF OUR LIVES
Warren & Jo Naseby
WA Australia
USANA Associates

Starting a USANA business allowed us to take charge of our lives, so we can now do the things that are important to us, like travelling to exotic places. We have the time and money freedom that most people can only dream of. The personal growth and empowerment we have gained through this business is invaluable in all areas of our lives.
The USANA business opportunity operates under a simple premise: when you successfully share USANA's products and the USANA business with others, you get paid for your efforts.

**How It Works**

**Step 1: Open Your Business Centre(s)**

When you join USANA, you'll open one Business Centre or three Business Centres, based on whether you'd like to start a small business or a large business. You'll earn commissions on your product sales through your Business Centre(s).

**Step 2: Share USANA**

Your USANA business is based on a binary compensation plan, which means you'll begin building your business with a left and a right side. You'll earn weekly commissions based on the total number of points you and your team collect on each side of your business—this is called Group Sales Volume, and it includes sales from both Associates and Preferred Customers on your team.

The amount you earn from your USANA business will be in direct proportion to your ability to share USANA's wellness products with other like-minded people, as well as your ability to build a team of Associates who, like you, share USANA's products with others and build strong teams of their own.

**Step 3: Make the Most of It**

Leverage the income you make through your USANA business in a number of ways.

**Double Your Commissions by Opening Three Business Centres**

As you build Business Centres two and three, you are simultaneously building Business Centre one without additional effort because the Group Sales Volume in your second and third Business Centres rolls up to your first Business Centre.

**Rollover**

You are paid out each week on the Group Sales Volume that is the same, or matched, on both your left and right sides. But what about the rest? It becomes rollover for your next payment (up to 5,000). Continue to build both sides of your business evenly to take full advantage of the work of you and your team members.

**Additional Business Centres (Figure A)**

As you continue to grow your USANA business, you can qualify for Additional Business Centres, which allow you to increase your income potential. Whenever you maximise a Business Centre, you earn an Additional Business Centre. There are no limits to the number of Additional Business Centres you can earn, which means there are no limits to how big your business can grow.

**Bill and Jenny Huang**

Million Dollar Club 2009
Fortune 25 2009 - 2013
Top Income Earners, Top PaceSetter Creators and Top Associate Enrollers for 2011 and 2012, 2013 Asia Pacific President's Award Winners.

Bill and Jenny are the Top Income earners in the Pacific Region, Million Dollar Club Members and consistently rank in the Top 10 Internationally. In 2012, they rank advanced to 5-Star Diamond, joining an exclusive club around the world. Bill and Jenny are passionately patriotic and proud Kiwis! They keenly support teams and encourage teamwork whilst being inspirational leaders and mentors.

Bill & Jenny Huang
New Zealand
USANA Associates

Here, they are pictured with their team.
I absolutely love this business!

“I love learning how to have a healthy lifestyle and traveling, not having a boss or being limited on how much I can earn,” says Aimee Buhagiar. Aimee has many amazing people in her life now because of her business.

“I love the personal growth we get to experience, skills that can be transferred into any areas of life. Plus, being surrounded by positive, like-minded people who want what’s best for you is wonderful. Thank you USANA family!” ends Aimee.

Aimee Buhagiar
Sydney, Australia
USANA Associates

Why we’re loving it!

Being part of something that truly makes a difference is what motivates Viola and Nick to share USANA with the people that they meet. Viola says, “USANA has offered us a life that we only ever dreamed of. We are hugely aware that without health, we have nothing — but the wealth aspect of USANA gives people the opportunity to live their life on their terms.

“This opportunity requires work, but the difference is that we work together, teamwork makes the dream work!” ends Viola.

Viola Hug & Nick Taylor
Wellington, New Zealand
USANA Associates
The Million Dollar Club is an elite group of over 200 associates who have, throughout the course of their USANA careers, earned at least $1 million in commissions.

Australasia:
- Alandra McLaren, NSW AU
- Bob, Mary, Amy & Xian Lin, NSW AU
- Chun-Ming Chang & Ai Keen Zhou, NSW AU
- David Hu & Hui Jian Xie, NSW AU
- De-Fong Xie & Yan Zhang, NSW AU
- Dr. Eric Dave & Dr. Roger Paskevici, QLD AU
- Feng Ye & Jian-Gin Gu, NSW AU
- Frank Feng & Bin Yang, NSW AU
- Guan Ying Xu & Wei Min Zheng, NSW AU
- James & Bernama Fernandez, VIC AU VIC AU
- Jian-Guo Shen, NSW AU
- Jia & Wan Xian, WA AU
- John Appelton, WA AU
- Lei Wu & Susan Xu, VIC AU
- Li Zhang & May Tan, NSW AU
- Li-Fang Zheng & Xiang Hua Yue, NSW AU
- Lin Shi & Mei Lin Jiang, VIC AU
- Lisa Ng & Ivan Wong, VIC AU
- Nick & Christine Roditi, NSW AU
- Ping Gao, Hao Chuan Zhang & Jing Jing Gao, VIC AU
- Robin & Brenda Ellis, NSW AU
- Ron McDiarmid, QLD AU
- Ronald & Jill Deary-Simpson, WA AU
- Steven Chen & Zhi Xian Jin, NSW AU
- Steven Lu, VIC AU
- Teresa & Ian King, QLD AU
- Thomas Wang & Jane Qiu, NSW AU
- Virend & Yogandrie Singh, NSW AU
- Wendy Wu & Michael Zhang, NSW AU

New Zealand:
- Alice Huil, Auckland NZ
- Bill & Jenny Huang, Auckland NZ
- Fiona Jamieson-Folland & Chris Folland, Auckland NZ
- Helen & Chris Jamieson, Warkworth NZ
- Jevity & Meg Clayton, Hastings NZ
- Kevin Goodwin, Christchurch NZ
- Monica Lewis, Auckland NZ
- Romila Lesleigh Quinn, Auckland NZ
- Wei-Ching Ko & Jia-Chien Shieh, Auckland NZ

IT’S UNDENIABLE... USANA WORKS!

“We worked hard on our formal education, worked hard in jobs, businesses and property investing, although years later still found ourselves in an unsatisfactory financial position. With USANA, we also worked hard, however in a very short period of time we were financially secure.

So if you’re reading this and wondering if you too can get ahead financially with USANA, our answer to you is – yes, absolutely! We know this categorically because we’ve proven it to ourselves. We were busy, broke, sceptical and we made it work… we’ve seen so many people do the same that it becomes undeniable that USANA works. You’ll need to do your part though – like being teachable and be willing to act on what you learn.

However, the business is natural and enjoyable because most people are already recommending things like movies and restaurants but they’re not getting paid for it. So, if you feel it makes sense to be paid for something you’re already doing with no financial reward, join us and thousands of others in building a better future.”

Fiona Jamieson-Folland & Chris Folland
New Zealand
USANA Associates

OUR AMBITION WAS TO HELP PEOPLE AND TRAVEL THE WORLD!

“We were introduced to USANA by a friend. In the beginning we were only interested in the health benefits. After we experienced the health benefits we decided to introduce USANA to our family and friends. While we were running our business we saw the USANA opportunity growing.

Our ambitions in life were to help people and travel the world. USANA not only gave us health, wealth also gave us the opportunity to travel. Our USANA family is getting bigger and bigger. Our teams are in Sydney, other states and overseas.

We continue to help people as much as we can. Helping is our happiness.

The USANA opportunity is the best opportunity we have come across in our life. Now we have freedom and we control our life.”

Vajira & Rita Amarasinghe
Sydney, Australia
USANA Associates