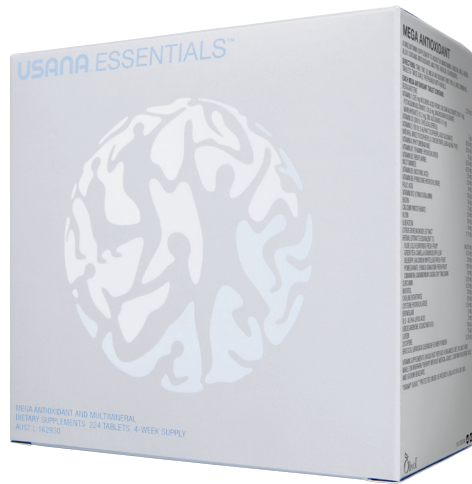


Your Nutrition is Essential

By adding essential nutrients and antioxidants to your daily diet, you can experience an increase in energy and feeling of well-being.

Essentials™



ITEM# 101 • AUST L 162930



Mega Antioxidant

The USANA® Essentials™—vitamin, mineral, and antioxidant supplement are designed to work together, building a strong foundation of exceptional nutrition.

Getting started: The Essentials™ Plus One

Many begin with the Essentials—plus one supplement that complements their specific needs. It's a great way to start on the road to true health.

Essentials contains:
Mega Antioxidant and MultiMineral.



AUST L 162582

Your Essentials™

Mega Antioxidant and **MultiMineral**, together, are your every day broad spectrum multivitamin and mineral supplement to support lifelong health.

They provide an advanced nutritional foundation for every adult, every day.

- Offers complete antioxidant protection against oxidative stress
- Comprehensive, high-potency formula that includes a broad spectrum of essential vitamins important for long-term optimal health
- Contains olive fruit extracts (as USANA's patented **Olivol™***), which is rich in unique antioxidants
- Vegetarian safe

*USANA Olivol™ protected under US Patents 6,358,542 or 6,361,803. Do not take while on warfarin therapy without medical advice. Contains sorbic acid and sodium benzoate.

MultiMineral



AUST L 162232

- Provides balanced amounts of important minerals which allow our bodies to efficiently use the carbohydrates, proteins, and fats in our diet
- Comprehensive, high potency formula that includes a broad spectrum of essential minerals that support optimal health
- Contains an advanced level of selenium at 150 µg per daily dosage
- Vegetarian safe

This product contains selenium which is toxic in high doses. A daily dose of 150 µg for adults of selenium from dietary supplements should not be exceeded.



Vitamin supplements should not replace a balanced diet. USE ONLY AS DIRECTED. ALWAYS READ THE LABEL.

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